

2013 Schedule for Delaware Self-Management Program Workshops

Chronic Disease Self-Management Program (CDSMP) and Diabetes Self-Management Program (DSMP)

Workshop Type	Location	Address	City	County	Day	Dates	Time
New Castle County							
Chronic	Wilmington Senior Center	1901 N. Market St.	Wilmington	NCC	Fri	Sep 13 – Oct 18	9:30 – 12:00 PM
Diabetes	Luther Towers II	1420 N. Franklin St.	Wilmington	NCC	Tues	Sep 17 – Oct 22	1:00 – 3:30 PM
Diabetes	Mid –County Community Center	First Regiment Rd. Sherwood Park II	Wilmington	NCC	Tues	Sep 17 – Oct 22	9:30 – 12:00 PM
Kent County							
Chronic	Whatcoat United Methodist Church	341 Saulsbury Rd.	Dover	Kent	Wed	Sep 4 – Oct 9	1:30 – 4:00 PM
Diabetes	Holy Cross Church Learning Center	631 S. State St.	Dover	Kent	Wed	Sep 25 – Oct 30	9:30 – 12:00 PM
Diabetes	Holy Cross Church Learning Center	631 S. State St.	Dover	Kent	Wed	Sep 25 – Oct 30	6:30 – 9:00 PM
Diabetes	State Street Assisted Living	21 N. State St.	Dover	Kent	Mon	Oct 7 – Nov 11	5:30 – 8:00 PM
Sussex County							
Diabetes	ACE Community Resource Center	547 N. Bradford St.	Seaford	Sussex	Wed	Sep 18 – Oct 23	1:00 – 3:30 PM

2013/2014 Diabetes Self-Management Program (DSMP) Lay Leader Training (Train the Trainer)

Dates	Time	Location	Address	City	State	Zip
Dec 2, 3, 9, 10, 2013	9:00 – 4:30 PM	Thomas Collins Bldg 2 nd Floor Conference Rm	540 S. DuPont Hwy	Dover	DE	19904
May 26 & 27, Jun 2 & 3, 2014	8:00 – 4:30 PM	Thomas Collins Bldg 2 nd Floor Conference Rm	540 S. DuPont Hwy	Dover	DE	19904

Please [call the Diabetes and Heart Disease Prevention and Control Program](#) for to register for any of these workshops or trainings.